

Cushing ISD

Lunch

OCT

MENU 2023

MONDAY

2ND Enchiladas or Meat & Cheese Chalupas
Beans
Corn
Salsa
Orange Smiles
Milk Variety

TUESDAY

3RD Chili Cheese Totchos or Chicken-n-Waffles
Fresh Veggie Cup
Tots
Strawberries
Milk Variety

WEDNESDAY

4TH Fish Sticks or Chicken Nuggets
Mac & Cheese
Green Beans
Apple Slices
Milk Variety

THURSDAY

5TH Cheeseburger or Breaded Mozzarella Sticks W/Marinara Sauce
Garden Salad
Fries
Pears
Milk Variety

FRIDAY

6TH Philly Cheesesteak Sandwich or X-treme Burrito
Corn
Cucumbers
Rosy Applesauce
Milk Variety

9TH Breaded Drumstick W/Biscuit or Chicken Spaghetti W/Breadstick
Garden Salad
Sweet Potatoes
Fresh Fruit
Milk Variety

10TH Walking Taco or Frito Pie
Beans
Veggie Cup
Pineapple
Milk Variety

11TH Lasagna W/Breadsticks or Cheesy Breadsticks
Broccoli
Garden Salad
Marinara Sauce
Cinnamon Applesauce
Milk Variety

12TH Fiesta Bowl or Boneless Chicken Wings W/Multigrain Chips
Celery
Carrots, Mixed Fruit
Milk Variety

13TH
SCHOOL HOLIDAY

16TH Corn Dog Minis or Oven Fried Chicken
Mashed Potatoes
Tomato Cup
Fruit Cup
Milk Variety

17TH Nachos Grande or Quesadilla
Salsa
Beans
Garden Salad, Cucumbers
Apricots
Milk Variety

18TH Crispy or Grilled Chicken Sandwich or Spaghetti Bowl W/Breadstick
Fresh Veggie Cup
Garden Salad
Mixed Fruit
Milk Variety

19TH Salisbury Steak or Steak Fingers W/Gravy & Rolls
Broccoli
Corn
Mandarin Oranges
Milk Variety

20TH Pizza Choice or Cheeseburger Macaroni W/Roll
Carrots
Green Beans
Fresh Fruit
Milk Variety

23RD Country Fried Steak W/Gravy or Fish Sticks
Rolls
Mashed Potatoes
Okra
Strawberries
Milk Variety

24TH Tex-Mex Stack or Chicken Fajitas
Beans
Carrots, Garden Salad
Salsa
Hot Cinnamon Apples
Milk Variety

25TH Chicken Alfredo W/Breadsticks or Meatball Sub
Sandwich
Garden Salad
Green Beans
Peaches
Milk Variety

26TH Wrap or Ranchero
Popcorn Chicken W/Roll
Corn
Crunchy Broccoli Salad
Fresh Apple Slices
Milk Variety

27TH Potato Bowl W/Roll or Hot Dog
Tots
Tomato Cup
Snowball Salad
Milk Variety

30TH Enchiladas or Tamales
Beans
Corn
Salsa
Orange Smiles
Milk Variety

31ST Chicken-n-Waffles or Chili Cheese Totchos
Tots
Fresh Veggie Cup
Strawberries
Milk Variety

BAT BRIDGE AUSTIN



ANNOUNCEMENTS:

Student Lunch-2.60
Reduced Lunch-.40
Adult Lunch-3.50
Milk-.50

DUE TO DISTRIBUTER & SUPPLY SHORTAGES, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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